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**ABBREVIATIONS**

**CHAPTER ONE**
General introduction

**CHAPTER TWO**
Purpose of the thesis

**CHAPTER THREE**
Energy and protein intake, anthropometrics, and disease burden in elderly home-care receivers - a cross-sectional study in Germany

**CHAPTER FOUR**
Association between body mass index and 1-year mortality in elderly home-care receivers living in Germany – a closed cohort study

**CHAPTER FIVE**
General discussion

**ACKNOWLEDGEMENTS**